

FOR IMMEDIATE RELEASE

Contact: Bill Nesper
League of American Bicyclists
202-822-1333
bill@bikeleague.org

League Names Dominic Dougherty League Cycling Instructor

Long Beach, CA— April 21, 2008—Dominic Dougherty has earned the prestigious certification of League Cycling Instructor from the League of American Bicyclists, a 125-year-old national bicycling organization.

“Dominic Dougherty has completed in-depth training on teaching skills for cycling in traffic, on trails and with groups of riders,” said Bill Nesper, education program manager for the League of American Bicyclists. “Dominic will now be able to train all levels of riders how to confidently and effectively cycle for fun, fitness and transportation.”

LCI seminars educate participants on how to teach bicycle safety and skills to all levels of riders rather than focusing on technical bicycling knowledge. The League Cycling Instructor designation is only given after a person qualifies for, and excels in, an intense three-day education seminar.

“League Cycling Instructors are the backbone of the League’s education program,” said Andy Clarke, executive director of the League of American Bicyclists . “Dominic has demonstrated a proficiency in teaching, a love of cycling, and a willingness to share these skills with other riders.” Experienced cyclists interested in teaching others how to ride safely are eligible to apply for the seminar. A prerequisite is completing the League’s Road I course.

Dougherty is the manager of the Long Beach Bikestation, a member of the newly reformed Long Beach Cyclists and has been riding for twenty two years – he has never had a driver’s license. For more information on Road I courses taught by Dominic Dougherty visit www.bikeleague.org or call 562.436.2453

The League of American Bicyclists promotes bicycling for fun, fitness and transportation, and works through advocacy and education for a bicycle-friendly America. The League represents the interests of America's 57 million bicyclists, including its 300,000 members and affiliates. For more information or to support the League, visit www.bikeleague.org.

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